How does this medication work?

Ketoconazole is used for the treatment or prevention of fungal infections.

How do I take this medication?

Your dosage

<table>
<thead>
<tr>
<th>Ketoconazole</th>
<th>200 mg tablet(s)</th>
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<tbody>
<tr>
<td>___ times a day</td>
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Ketoconazole must be taken with food, as this improves its absorption and efficacy.

Orange juice or Coca-cola® 15 minutes before taking ketoconazole may also increase absorption.

It is important to take ketoconazole regularly, at the same time each day, for the duration of your treatment, even if you feel better after a while.

Never stop your treatment without first speaking to your doctor.

What if I forget to take a dose?

Take the dose you missed as soon as possible, and then continue with your regular schedule.

If it is nearly time for your next dose, however, just take that one according to the normal schedule. Do not double up doses.

What are the side effects of this medication?

Ketoconazole may cause nausea, vomiting, loss of appetite, diarrhea or abdominal pain. Take ketoconazole with food to help lessen these effects. If they occur and persist, however, consult your pharmacist, doctor or dietician for ways to manage them.

Ketaconazole may sometimes cause an increase in liver enzymes. More rarely, hepatitis (inflammation of the liver) may be found. Inform your doctor immediately if you experience two or more of the following symptoms: nausea, vomiting, loss of appetite, unusual fatigue. Also tell your doctor if your skin or the whites of your eyes become yellow, your urine is dark or your stools are pale. Your doctor will monitor the effect of ketoconazole on your liver by means of regular blood tests.

Other side effects such as drowsiness, headache or dizziness may occur. Find out how ketoconazole affects you before driving a vehicle or undertaking any activity that requires close attention.

Men taking ketoconazole may occasionally experience abnormal enlargement (gynecomastia) of the mammary glands (breasts), decreased libido and even impotence.

Photophobia (increased sensitivity of the eyes to light) may sometimes occur. Wear dark glasses to lessen this effect.
Can I take ketoconazole with my other medications?

- **Antacids such as Maalox®, Amphogel®, or Diovol®** reduce the absorption and consequently the efficacy of ketoconazole. Avoid these combinations, or take ketoconazole 2 hours before or at least 6 hours after these products.

- **Other drugs used to treat gastric acidity: ranitidine (Zantac®), famotidine (Pepcid®), cimetidine (Tagamet®), nizatidine (Axid®), omeprazole (Losec®), lansoprazole (Prevacid®), pantoprazole (Pantoloc®)** These agents may impede the absorption and efficacy of ketoconazole to a large extent. Should this occur, your doctor may increase the dose of ketoconazole or change your treatment.

Ketoconazole may interact with a number of other medications.

Consult your doctor or pharmacist before taking any new medication, whether on prescription or not, any natural products or recreational drugs.

Can I drink alcohol if I’m on ketoconazole?

It is preferable to avoid alcoholic beverages (beer, wine and spirits) during treatment with ketoconazole, and for up to 24 to 48 hours following the end of treatment. Taking alcohol with ketoconazole could cause side effects such as stomach pain, nausea, vomiting, headache, flushing, etc.

What if I’m pregnant or breast-feeding?

Ketoconazole should be not administered to pregnant women.

As the virus can be transmitted via maternal milk, breast-feeding is not recommended in women who are HIV-positive.

Storage

Keep ketoconazole in a dry place, at room temperature (15 to 30°C or 59 to 86°F). Avoid humidity (bathrooms, etc.).

Place out of the sight and reach of children.

General advice

Always keep your appointments with your doctor and the care team, so that your condition can be closely monitored.

If you have any questions about your medications or need help on how to schedule when to take them, please contact your doctor or pharmacist, who know your medication well.

Contact person: __________________________

Telephone: __________________________