How does this medication work?

Nystatin is used for the treatment or prevention of fungal infections of the mouth and throat.

How do I take this medication?

Your dosage

<table>
<thead>
<tr>
<th>Nystatin</th>
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<td>• ______ mL</td>
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<tr>
<td>or</td>
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<tr>
<td>______ drops</td>
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<td>• ______ times a day</td>
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Nystatin can be taken up to 4 times a day.

Shake the oral suspension well before taking the recommended dose.

Avoid drinking or eating for 30 minutes (ideally, 60 minutes) after you take your dose of nystatin. This will allow the medication to remain in contact with the inside of your mouth longer, increasing its efficacy.

Measure the prescribed amount of nystatin suspension using the dropper supplied with the container or, preferably, a syringe. Swish the medication around your mouth for as long as possible, gargle with it, and then swallow. Wash and rinse the dropper thoroughly after each use.

The solution contains sugar. As mentioned, wait for approximately 60 minutes, then rinse your mouth or gently brush your teeth and gums to avoid dental caries.

What if I forget to take a dose?

Take the dose you missed as soon as possible, and then continue with your regular schedule.

If it is nearly time for your next dose, however, just take that one according to the normal schedule.

What are the side effects of this medication?

Nystatin is generally well tolerated. Some people may experience gastrointestinal (digestive) effects such as diarrhea, abdominal pain, nausea and vomiting. If they occur and persist, consult your pharmacist, doctor or dietician for ways to manage these side effects.

Can I take nystatin with my other medications?

Consult your doctor or pharmacist before taking any new medication, whether on prescription or not, any natural products or recreational drugs.
Can I drink alcohol if I’m on nystatin?

Avoid the excessive or regular consumption of alcoholic beverages (beer, wine, spirits) as these may interact with some of your medications.

However, do not miss a dose of your medication because you want to have a drink. Unless your doctor tells you otherwise, reasonable (social) consumption should not be harmful to your health.

What if I’m pregnant or breast-feeding?

The effects of nystatin suspension on pregnancy are not yet known. If you are, or want to become pregnant, talk to your doctor about taking it.

As the virus can be transmitted via maternal milk, breast-feeding is not recommended in women who are HIV-positive.

General advice

Always keep your appointments with your doctor and the care team, so that your condition can be closely monitored.

If you have any questions about your medications or need help on how to schedule when to take them, please contact your doctor or pharmacist, who know your medication well.

Contact person: ______________________
Telephone: ________________________

Storage

Keep nystatin at room temperature (15 to 30°C or 59 to 86°F). Avoid humidity (bathrooms, etc.).

Place out of the sight and reach of children.