



### How do this medication work?

Kaletra® is a combination of 2 antiretroviral medications, lopinavir and ritonavir. It acts by preventing multiplication of the human immunodeficiency virus (HIV).

Kaletra® is used in combination with other antiretroviral drugs to slow progression of the disease. It helps to keep your immune system strong and reduces the risk of developing infections that occur when the immune system is weak (opportunistic infections).

Kaletra® does not cure AIDS nor kill the virus. There is a permanent risk of transmitting HIV either through sexual or blood contact. It is therefore essential that precautions always be taken (use latex condoms, do not share syringes).



### What if I forget taking a dose?

Take the dose you missed as soon as possible and then continue with your regular schedule.

However, if it is nearly time for your next dose, do not take the missed dose and continue with your regular schedule. **Do not double up doses.**



### Can I take kaletra with other medications ?

Kaletra may interact with many other medications.

Consult your doctor or pharmacist before taking any new prescription or non-prescription medication, natural product or recreational drug.



### Can I drink alcohol ?

Avoid regular alcohol consumption which may damage your liver, especially if you are a hepatitis carrier. Reasonable consumption should not harm your health.

However, do not miss a dose of your medication because you take alcohol or drugs.



### What if I'm pregnant or breast-feeding ?

Talk to your doctor if you want to take Kaletra and are pregnant or want to become pregnant. Breast-feeding is not recommended in HIV-positive women.



### How do I take this medication?

#### Kaletra

\_\_\_ tablet(s) 200/50 mg  
\_\_\_ tablet(s) 100/25 mg  
\_\_\_ mL oral solution 80/20 mg/mL

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\_\_\_ time(s) a day

#### Take with or without food.

Swallow whole, do not crunch or chew. Oral solution must be taken with food.



It is important not to forget to take doses of your antiretroviral medication; otherwise, the virus may become **resistant**. The medication will lose its effect on the virus, and the treatment will no longer be effective.

Unless you have serious side effects, *never stop your treatment without first speaking to your doctor.*

### What are the side effects of this medication?

 <p>Normal reactions which will disappear or can be treated. <b>Continue the medication</b></p>	<ul style="list-style-type: none"> <li>- Diarrhea, abdominal pain</li> <li>- Fatigue</li> <li>- Headache</li> <li>- Nausea, vomiting</li> </ul>
 <p>See your doctor <b>IMMEDIATELY</b></p>	<p><b>Hepatitis symptoms</b> (liver inflammation)</p> <ul style="list-style-type: none"> <li>- Pale or fatty stools, abdominal or stomach pains, loss of appetite/nausea</li> <li>- Fatigue/weakness</li> <li>- Dark urine, jaundice (yellow skin and eyes)</li> <li>- Severe itchiness</li> </ul>

#### Medical follow-up

Through regular blood tests your doctor will monitor the effect of this medication on your liver, your cholesterol and your blood sugars.

Inform your doctor and pharmacist of any troublesome side effects. They can help you to manage them.

### Storage

Kaletra® tablets must be kept in their original packaging and stored in a dry place at room temperature (<25°C or <77°F). Avoid humidity (bathrooms, etc.).

Kaletra® oral solution must be stored in the refrigerator. It can also be stored at room temperature (<25°C or <77°F) for a maximal duration of 42 days.

Keep out of the sight and reach of children.

#### General advice

Always keep your appointments with your doctor and care team, so that your health status can be closely monitored, even if you have no symptoms.

