



How this medication works ?

Harvoni™ is a combination of two medicines, ledipasvir and sofosbuvir, indicated for the treatment of hepatitis C virus infection (HCV).

Harvoni™ blocks several stages of the virus replication process. This prevents the virus from multiplying in order to promote healing.

How to take this medication ?

Harvoni™ → 3 tablets **once** daily.

The tablets should be taken all at once **with food** and must be swallowed whole.

It is important to take Harvoni™ regularly, at the same time each day for the duration of the treatment. If you miss doses, it may compromise the success of the treatment and decrease your chances of recovery. Furthermore, the virus responsible for your hepatitis could become resistant and make the medicines less effective or even useless.

The duration of treatment can vary from 8, 12 to 16 weeks depending on :

- Type of virus
- Your liver condition
- Response to previous treatment
- Your kidney condition

Can I take Harvoni™ with my other medicines ?

Tell your healthcare professional especially if you take the following :

- Medicines to control heart failure or heart rate like amiodarone (Cardorone), digoxin (Lanoxin, Toloxin)

- Medicines for the treatment of tuberculosis like rifampin (Rifater, Rifadin, Rofact), rifabutin (Mycobutin), or rifapentine
- Medicines to prevent seizures like carbamazepine (Tegretol), oxcarbazepine (Trileptal), phenobarbital (Phenobarb), or phenytoine (Dilantin)
- Medicines for indigestion, heartburn, gastric reflux or ulcers like antacids (Maalox, Gaviscon), nizatidine (Axid), famotidine (Pepcid), cimetidine (Tagamet), ranitidine (Zantac), omeprazole (Losec), esomeprazole (Nexium), lansoprazole (Prevacid), rabeprazole (Aciphex), pantoprazole (Pantoloc).
- Medicines to lower cholesterol like rosuvastatin (Crestor)
- HIV infection medicines like tenofovir DF (Truvada, Viread, Complera, Stribild, Delstrigo, Atripla), tipranavir (Aptivus)
- Natural product : St. John's Wort (Hypericum perforatum)

These drugs interact with Harvoni™. Your doctor may suggest an alternative or dose adjustments with closer monitoring.

Other medicines may also interact with Harvoni™. You must tell your doctor about all the health products you take.

Consult your doctor or pharmacist before taking a new prescription medication, over the counter medication, natural product, or even a recreational drug.

Can I drink alcohol with Harvoni™ ?

Ideally, abstinence from alcohol (beer, wine and spirits) is highly recommended for people infected with HCV to protect the liver.

What are the side effects of this medication ?

It is a drug that is well tolerated in general, the main observed side effects of Harvoni™ are mild and do not require stopping treatment.

They include among others :

- Headache
- Fatigue
- Nausea

Vomiting is not frequent. On the other hand, if you vomit :

- **Less than 5 hours after taking Harvoni™**, take another dose with food.
- **More than 5 hours after taking Harvoni™**, wait and take the next dose with food at the original scheduled time.

Tell your doctor and pharmacist about any side effect that bothers you or persists. They can advise you to manage them.

Never stop your treatment without first talking to your doctor or pharmacist.

Storage

Store Harvoni™ tablets at a temperature under 30°C (86°F). Avoid damp places such as the bathroom.

Keep this medication in its original container. Keep out of reach and out of sight of children.

Pregnancy and breast feeding

The effects of ledipasvir and sofosbuvir are not known in pregnant women. Women of childbearing age should use adequate contraception.

Discuss this with your doctor.

The presence of ledipasvir and sofosbuvir, and their metabolites in breast milk is still unknown. Breast-feeding is therefore not recommended during treatment with Harvoni™.

General advice

Be faithful to your appointments with the doctor and the treatment team; they will be able to closely monitor your state of health.

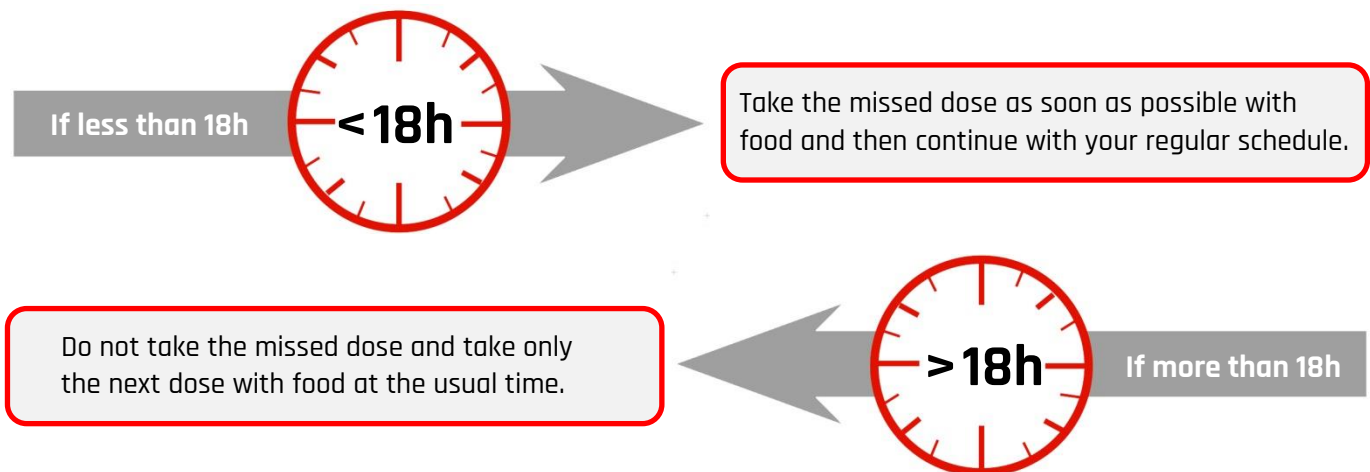
If you have any questions about your medication or need help to schedule when to take them, don't hesitate to ask your doctor or pharmacist who is familiar with what you are taking.

Contact person : _____

Telephone : _____

@ February 2020, R. Therrien

I forgot to take a dose !



Do not double up dose