



How this medication works ?

Genvoya[®] is a combination of 3 antiretrovirals : elvitegravir, emtricitabine and tenofovir AF. These are antiretrovirals that work by preventing the multiplication of the human immunodeficiency virus (HIV). Cobicistat is used to boost the effect of elvitegravir.

Emtricitabine and tenofovir AF are part of a class of drugs called nucleoside reverse transcriptase inhibitors. They work by inhibiting an enzyme called reverse transcriptase. Elvitegravir is an antiretroviral that acts on another enzyme called integrase. The virus needs these enzymes to multiply in the body. So the combination of these antiretrovirals, when taken every day and faithfully, keeps the viral load undetectable and helps to stay healthy.

U = U

In the presence of an undetectable load, you are not at risk of transmitting HIV. Undetectable = Untransmissible (U = U). On the other hand, in the presence of a detectable viral load, you are still at risk of transmitting HIV, either through sexual contact or through blood. You must therefore take the necessary precautions (use of latex condoms, clean syringes, etc.).

How to take this medication ?

Genvoya[®] → 1 tablet **1 time** daily

It should be taken **with food**.

It is important to take Genvoya[®] regularly, at the same times each day, and to stick to the established schedule as closely as possible. Adherence to treatment will prevent the appearance of resistance (ability of the virus to recognize and outsmart the drug) and consequently treatment failure (loss of the effectiveness of antiretroviral treatment) which would result in an increase in viral load and a decrease in CD4 cells (cells that allow your body to defend itself against infections).

Nearly everyone can experience a drop in adherence to treatment sooner or later. The key to success remains motivation. Do not hesitate to consult your care team so

that they can explain the benefits of the therapy. They can also suggest tools to help you maintain your treatment properly.

Never stop or change your treatment without talking to your doctor first. Especially if you are a hepatitis B carrier, stopping Genvoya[®] can make your hepatitis worse.

Can I take Genvoya[®] with my other medications ?

The following drugs are contraindicated and should not be taken with Genvoya[®] :

- Alfuzosin, apixaban, astemizole, cisapride, ergoline derivatives (dihydroergotamine, ergonovine, ergotamine, methylergonovine), lomitapide, lovastatin, lurasidone, oral midazolam, pimozone, rivaroxaban, salmeterol, sildenafil (to treat lung problems), simvastatin, terfenadine and triazolam because of the risk of serious adverse effects.
- Carbamazepine, phenobarbital, phenytoin, rifampicin and products containing St. John's wort (*Hypericum perforatum*) as they may affect the effectiveness of Genvoya[®].

Tell your healthcare professional if you are taking :

- Medicines, antacids, vitamins or supplements containing magnesium, aluminum, calcium, iron or zinc that may decrease the absorption of Genvoya[®]: these should be taken 2 hours before or 2 hours after Genvoya[®].

Other drugs or products interact or may interact with Genvoya[®]. An alternative solution, dose adjustments or closer follow-up will be offered to you if necessary.

Consult your doctor or pharmacist before taking a new prescription medication, over the counter medication, natural product, or even a recreational drug.

What are the side effects of this medication ?

Normal and usually mild effects that will go away over time or can be treated :

- Diarrhea, nausea
- Headache
- Fatigue
- Weight gain

Tell your doctor and pharmacist about any side effect that bothers you or any symptom not listed in this document or worsening of a symptom that prevents you from going about your daily activities. They will be able to advise you on how to manage them.

Stop the drug and go **IMMEDIATELY** to a medical clinic or the emergencies

Severe rash with or without :

- Fever
- Lack of energy (fatigue)
- Muscle or joint pain

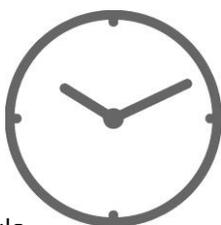


Medical follow-up : With regular blood tests and other tests if needed, your doctor will monitor the effects of the medicine on your system.

I forgot to take a dose !

If less than 18 hours after the scheduled time :

Take the missed dose as soon as possible and then continue your treatment according to the schedule.



If more than 18 hours after the scheduled time :

Drop the missed dose and continue on schedule.

Do not double up dose.

Pregnancy and breast feeding

Discuss with your doctor if you want to take Genvoya[®] and you are pregnant or wish to be pregnant.

The virus can be transmitted through breast milk. Breastfeeding is therefore not recommended for women with HIV infection.

Storage

Store Genvoya[®] tablets in a dry place, at room temperature (15 and 30°C or 59 and 86°F). Avoid humid places such as the bathroom.

Keep this medication in a tightly closed container. Keep out of reach and out of sight of children.

Can I drink alcohol with Genvoya[®] ?

Avoid excessive or regular consumption of alcoholic beverages (beer, wine and spirits) which may increase the risk of hepatitis (inflammation of the liver) or interact with some of your medicines.

However, avoid “skipping” a dose of medication because you want to have an alcoholic drink. Unless your doctor tells you otherwise, reasonable (social) and occasional consumption of alcohol should not be detrimental to your health.

General advice

Be faithful to your appointments with the doctor and care team; they will be able to closely monitor your state of health.

If you have any questions about your medication or need help to schedule when to take them, don not hesitate to ask your doctor or pharmacist for advice as they know your medication well.

Contact person : _____

Telephone number : _____