

HIV PREVENTION



**HIV / HCV
MEDICATION
GUIDE**

HIV POST-EXPOSURE PROPHYLAXIA (PEP)

PREZISTA/NORVIR[®]

(Darunavir/Ritonavir)

Tablets at 800/100 mg



Post-exposure prophylaxis, or **PEP**, is a method of preventing human immunodeficiency virus (HIV) transmission based on the rapid use of antiretroviral medications following exposure to a significant risk of contracting HIV.

How this medication works ?

Prezista[®] and Norvir[®] are two antiretroviral drugs, darunavir and ritonavir. They belong to a class of drugs called protease inhibitors. These drugs inhibit enzymes that HIV needs to multiply in the body. Ritonavir is also used to boost the effect of darunavir.

Prezista[®] and Norvir[®], along with other antiretrovirals, are used as soon as possible after exposure to HIV to prevent the virus from spreading in the body and thus avoiding infection.

How to take this medication ?

Prezista/Norvir[®] → 1 tablet of each **once** a day, i.e. every 24 hours

Prezista[®] and Norvir[®] should be taken **at the same time** and **with food**.

It is important to take Prezista[®] and Norvir[®] regularly, at the same time each day, and to stick to the established schedule as closely as possible.

Never stop your treatment without first talking to your doctor.

I forgot to take a dose !

If more than 12 hours before the scheduled time :

Take the missed dose as soon as possible and then continue your treatment according to the schedule.



If 12 hours or less before the scheduled time :

Drop the missed dose and continue on schedule.

Do not double up dose.

What are the side effects of this medication ?

Prezista[®] and Norvir[®] are generally well tolerated. At the start of your treatment, you may experience certain gastrointestinal (digestive) effects such as diarrhea, loose stools, abdominal pain and nausea.

Other common side effects are feeling tired or weak, and headache. Sometimes Prezista[®] can cause redness on the skin. Contact your doctor or pharmacist, but keep taking your medicine. However, if the rash is accompanied by fever, mouth ulcers, stomach aches or general malaise, seek immediate medical attention..

If side effects occur and persist, talk to your pharmacist, doctor, nurse or dietitian about ways to manage them.

Pregnancy

If you are pregnant, planning to become pregnant, or breastfeeding, tell your doctor before taking Prezista[®] and Norvir[®].

Can I take Prezista® and Norvir® with my other medications?

The following medications are contraindicated or should be avoided and should not be taken with Prezista® and Norvir®:

- Fusidic acid, alfuzosin, amiodarone, apixaban, colchicine (in patients with renal and/or hepatic impairment), ergolinic derivatives (dihydroergotamine, ergonovine, ergotamine, methylergonovine), dronedarone, everolimus, flecainide, glecaprevir/pibrentasvir, ibrutinib, ivabradine, lidocaine (systemic), lomitapide, lovastatin, lurasidone, naloxegol, neratinib, pimozide, propafenone, quetiapine, quinidine, ranolazine, rivaroxaban, salmeterol, sildenafil (to treat lung problems), simvastatin, ticagrelor, triazolam (by orally), vardenafil and venetoclax due to the risk of serious side effects.
- Apalutamide, phenobarbital, phenytoin, rifampicin and products containing St. John's wort (*Hypericum perforatum*) as they may affect the effectiveness of Prezista® and Norvir®.

You should talk to your doctor before taking them. Alternative solutions, dose adjustments or follow-up may be suggested if necessary.

- Oral contraceptives (birth control pill): Prezista® and Norvir® may decrease the effectiveness of oral contraceptives. It is recommended to take additional protective measures, such as a latex condom.

Prezista® and Norvir® may interact with many other medications or products. Consult your doctor or pharmacist before taking any new prescription medication, over-the-counter medication, natural product, or even recreational drug.

Can I drink alcohol with Prezista® and Norvir®?

Avoid excessive or regular consumption of alcoholic beverages (beer, wine and spirits) which may increase the risk of hepatitis (inflammation of the liver) or interact with some of your medication.

However, avoid skipping a dose of medication because you want to have an alcoholic drink. Unless your doctor tells you otherwise, reasonable and occasional alcohol consumption should not interfere with your treatment

In order to avoid transmission of infection within 3 months of exposure

- Avoid sexual intercourse or using condoms;
- Avoid pregnancy, refrain from breastfeeding and donating blood, plasma, organs, tissues or semen.

And at all times : avoid sharing syringes.

Storage

Store Prezista® and Norvir® tablets in a dry place at room temperature between 15 and 30°C (59 and 86°F).

Keep this medication in a tightly closed container. Keep out of reach and out of sight of children.

General advice

Be faithful to your appointments with the doctor and care team; they will be able to closely monitor your state of health.